ERSTI MANUAL

in and around Regensburg

FACHSCHAFT ANK

and

RM network





WELCOME TO REGENBURG

We hope that you are already looking forward to your studies in Regensburg.

This handbook is meant to be your companion with useful tips and insider information. Of course, this is not a complete guide to Regensburg, but an insight into the many facets of this city. Be curious about Regensburg as a student city and take along as much as you can.
But most of all: start your studies relaxed and don't let yourself get too stressed!
We are looking forward to seeing you!

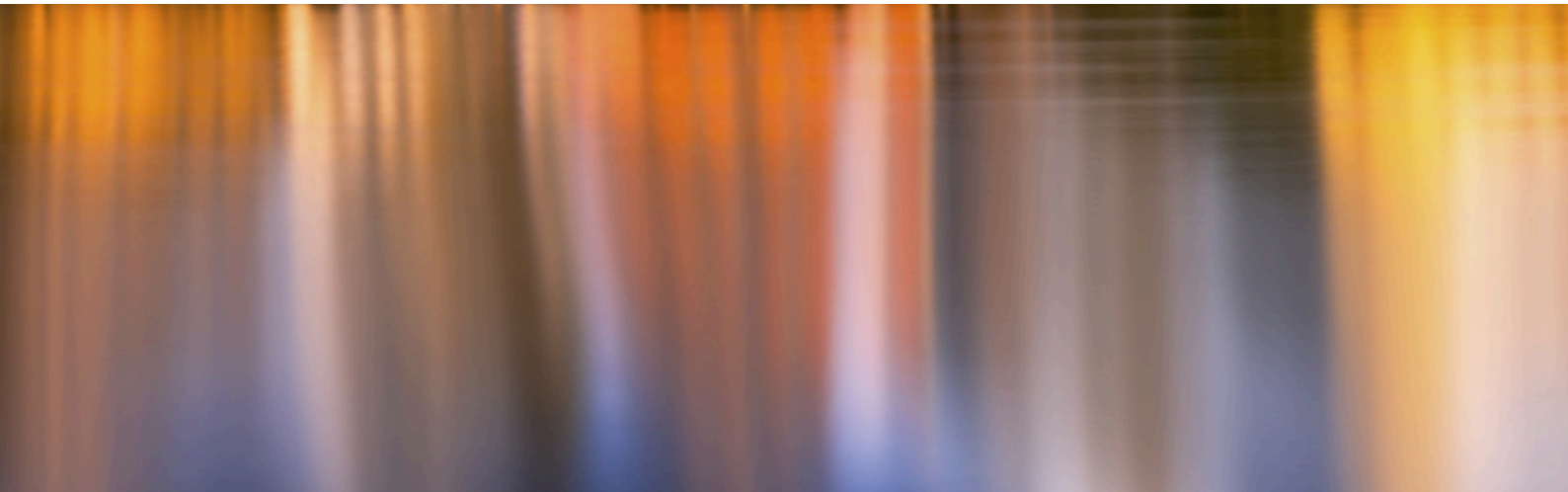
Your IRM network e. V. and Fachschaft ANK





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FACHSCHAFT ANK

FACHSCHAFT ANK

Our Student Council Applied Natural and Cultural Sciences is the contact point for all students of the Faculty ANK. We are happy to help you with questions about your studies, problems and other campus matters. We are also in very good contact with the professors of our faculty. We represent your interests at regular meetings, such as faculty council meetings, the allocation of study grants and the appointment of new professors. In various working groups we take care that your studies run as smoothly as possible and that fun is not neglected.
We organize faculty-internal events, such as the "Ersti - Grillen", the summer party or the Christmas party. But the student council is also represented at cross-campus events, such as the campus festival.

We always welcome new members, so feel free to drop by the ANK student council. Just get in touch via Mail/Insta, come to our student council meetings or drop by our student council room (building H, room H011). Each of our members is free to join one or more working groups, such as Events, Public Relations, and Finance.
On our homepage you will find current news, the faculty bulletin board, the possibility to rent spindles, open tutor and SHK positions, the student ambassadors and of course a short info about our work.

How to contact us:
E-Mail: fachschaft_ank@oth-regensburg.de
room: H011 (House of technology)
www.fs-ank.de
Discordserver: https://discord.gg/rYTPUsCgGk

@fachschaftank

Discordserver

Fachschaft ANK
OTH Regensburg



Die Fachschaft ANK

IRM NETWORK E.V.

IRM NETWORK

The IRM Network e. V. was founded in 2013 by IRM students with the aim of connecting students and alumni of the International Relations and Management program today and in the future. With the vision of building an active network, more and more members have since been working to enrich and develop the association with ideas.

In addition to our interest in facilitating long-standing connections between current and former IRMs, we are also particularly keen to establish contact with internationally active companies and organizations. To this end, there are regular events that are either organized by us or at which we are represented. In addition, our weekly newsletter keeps
keeps all members up to date about exciting events, internship and job offers or interesting news.

You want to get a more detailed impression? On our website, our social media channels or the following pages you will find more impressions of events and offers that are waiting for you. We are looking forward to you becoming part of the IRM network - by IRM, for IRM!

IRM Network e.V. @irm.network

IRM network e.V. irm-net.com become a member now



The Board of Directors of IRM network e.V.

EVERYDAY STUDY

ACCESS DATA

- For almost all programs you need daily, such as ELO, SSP and Webmail, the access data is the same.
- When you enrolled, you were given your RZ account in the form of three letters (a combination of your first and last name) and five numbers.
- Example: Erika Mustermann → mue12345
- The password is also included, but you have to change it the first time you log in.

ELO

ELO, E-Learning, Grips or moodle? Don't worry, it's all the same! The official name is ELO (ELO-Electronic Learning Platform of OTH Regensburg). Lecturers use this platform to publish lecture notes of the course. You will also be given the enrollment key (password for the e-learning course) in the first lecture hour. You should enroll in the e-learning course early, because the course will be closed by the lecturers at some point and you will not be able to enroll later!

WEBMAIL

As you will probably guess, this is the student email address.
It has the form: firstname.surname@st.oth-regensburg.de
If you have a mainstream name, it could happen that there is a number ;)
Of course you already have your own e-mail address, but you should still set up your student e-mail address. Important information from the university and professors will be sent to this address. University staff will only answer your e-mails if they come from your university e-mail address.

A small reminder on the side: Please pay attention to **correct manners**!
Example: Dear Prof. Dr. ...

EVERYDAY STUDY

STUDENT SERVICE PORTAL (SSP)

Probably the most important portal. Here you can get your matriculation certificates, view your exam results and register for the exams. You can also complete the re-registration here.

WEBUNTIS

You can find your timetable on Webuntis. You do not have to be registered to access it. You only need the course of study and semester, the abbreviations are: IRM, MEM and AN (formerly MS, UI). Mostly the timetable is uploaded at short notice. At the beginning of the semester there may be changes, especially regarding the rooms. You can also search for rooms if you are looking for an empty room to study.

VPN-ACCESS

In order to use some of the university's online services, for example the Regensburg catalog of the university library, you must either be in the university's network or connect via VPN.
How to set up a VPN access and much more you can find in the supportwiki.

EVERYDAY STUDY

CONTACT PERSONS

Here's some more quick info on who holds the faculty positions that are most important to you.

Dekanin
Prof. Dr. Katherine Gürtler

Prodekan
Prof. Dr. Christoph Höller

Studiendekan
Prof. Dr. Martin Kammler

Studienfachberater Prof. Dr. Markus Bresinsky (IRM) - Prof. Dr. Corinna Kaulen (MEM) - Prof. Dr. Matthias Ehrnsperger (AN)

CONTACT POINTS

Department of Studies	Questions about examination law and practical semester
General study counseling	General questions about studying, studying with children, studying with disabilities/illnesses, advice on sexual harassment and discrimination
International Office	General questions about studying abroad
Career Service	Everything about jobs (e.g. application portfolio check)
Gender und Diversity	Equal opportunities, young university, mentoring and much more...
start-up center	You want to start your own business - OTH helps you!

STUDENT ID

OTH STUDENT ID

= your card for almost everything

The OTH student ID card is a multifunctional card. This card serves as a cafeteria card, library card, bus ticket and sports card. Furthermore, the card is used for printing costs in the CIP pools.
The student ID card must always be validated at the beginning of a new semester. Vending machines are available for this purpose at each location, e.g. in Seybothstraße at the main entrance and at the CIP pools and in Galgenberg in the D-Forum. During validation, the validity period and the current semester will be updated. You can already validate your ID during the semester break two weeks before the semester starts. This saves you a long wait at the ticket machine.

MENSACARD

Since only cashless payment is possible in the mensas and cafeterias, it is necessary to load money onto this card. Most vending machines and coffee machines at OTH and University also accept the card as a means of payment. There are so-called reload machines near every canteen and cafeteria where you can load your credit with your EC card.

Useful info: There is an OTH app with which you can check what's for dinner, among other things. Just search for OTH Regensburg in the app store and click on 'Mensa-Plan' in the app.

STUDENT ID

TRANSPORT CARD

The student ID is your bus ticket in Regensburg! In addition, you can use your student ID card to travel free of charge on Deutsche Bahn routes around Regensburg. You can check here how far your student ID is valid for local transport in your desired direction of travel.

- APP-TIPS: RVV App, DB Navigator, Bayern-Fahrplan, Departure Monitor.
- CAMPUSLINES: The four campus lines (C1, C2, C4, C6) only run during lecture times at the University of Regensburg and support lines 11, 2B, 4 and 6.
  Attention: not every line also stops at the OTH!

SPORTS ID

You can book the sports pass in different versions, either as a day ticket, a 3-month subscription, or an annual subscription. All information and prices can be found on the university website under "Hochschulsport" (university sports). You can buy the ticket online and then show it on a mobile app. On the website, you will also find the current course program and additional offers such as a weight room, sauna, and swimming pool.

PRINT/SCAN/COPY - WHERE AND HOW?

In order to print at the university, you must top up your printer account. You do this by loading credit onto your student ID and then also transferring the credit to the printer account at the validation machine. The machine for loading and validating is located at the main entrance (both Prüfening and Seybothstraße). Other validation machines can be found at the entrance to the CIP pools, in the corridor directly next to the CIP pools and in the mechanical engineering foyer.
You can print/scan/copy in the library and in the CIP pools.

LOST ID OR PROBLEMS WITH THE CARD?

or this case there is a detailed description on the STuV-Webseite.

LIBRARY

THE UNIVERSITY LIBRARY OF THE OTH REGENSBURG

The university library is divided into the large main library in Seybothstraße and the smaller sub-library at the Prüfening location.
You can find the opening hours here.
The university library offers not only workstations for individuals, but also group rooms. In addition, there is a computer room on the lower floor of the main library, where several PCs are available for free use. The reading terrace in Seybothstraße offers a place to read, work or study together when the weather is nice.

THE LOAN SYSTEM

To borrow a book, you can simply get it from the library and scan it at the entrance together with your student ID. If you prefer it more convenient, you can also order the desired books directly from the Regensburg catalog. They will then usually be ready for pick-up on the following day. You can log in to the Regensburg Catalog using the library number on the back of your student ID and a password. This way you can order books from the university library and from the university library and pick them up at the desired branch. Additionally, you can get many ebooks and PDFs directly online, so you can also read out-of-print books.

Interlibrary loan is also possible via the Regensburg catalog. The normal loan period for books is 4 weeks, but it can be extended via the user account if it has not been pre-ordered. If all editions of a book are on loan, it is possible to pre-order it through the Regensburg Catalog, so that renewal is no longer possible for the current owner.
To get to know the university library better, a guided tour "The Library in 30 Minutes" is also offered. Appointments for this are only made on request, contact person is Martina Lehnert. In addition, courses on the topic of bachelor theses or Citavi are also offered. Information about this and the possibility to register can be found on the homepage and WebUNTIS.

EXAMS

There is a fixed **examination period** at the end of the semester, which covers approx. 3 weeks. The examination period can be found under the dates on the homepage of the OTH Regensburg already at the beginning of the semester. In the winter semester this is usually from the end of January to mid-February and in the summer semester this is usually from the beginning to the end of July.

Examination reviews can take place at the beginning of the following semester with the agreement of the respective professors. Please note, however, that exam inspections usually only take place during the first two weeks.

Permitted aids in the exams are listed in the study plan on the homepage of the OTH and are announced by the professors during the lectures. To do this, simply scroll down to the documents on the right-hand side of the OTH website for your course of study.

In order to have credits from other study programs **credited**, students of the IRM program must contact Ms. Hartmann (julia.hartmann@oth-regensburg.de) and students of the AN program must contact Mr. Höller (christoph.hoeller@oth-regensburg.de).
Important: Not every subject can be credited!

The **exam registration** is done via the SSP. You can also find out when the exam registration is on the schedule on the homepage of the OTH or on the Instagram channels of the STuV or Fachschaft ANK. Remind your fellow students every now and then when the exam registration has started, for example in the semester WhatsApp group.

All dates, such as the lecture-free period, can be viewed on the OTH homepage.

FINANCE

BAFÖG

An exact statement about whether and how much support you can expect according to the BAföG can only be made after checking all individual requirements by the responsible office for educational support. In the case of OTH, this is the Studentenwerk Niederbayern/Oberpfalz. You can submit your application online at www.bafoeg-bayern.de.
You can find information about BAFÖG here or contact the following address:

Student Services Niederbayern/Oberpfalz
Office for Educational Support
Regensburg Office
Albertus-Magnus-Straße 4
93053 Regensburg
E-Mail: regensburg@bafoeg-bayern.de, ausbildungsfoerderung@regensburg.de

STIPENDS

Almost all political parties as well as churches and trade unions maintain foundations that grant scholarships or aid for studies. At the OTH Regensburg there is an annual "Scholarship Day", where about 12 foundations and the experiences of scholarship holders are presented. Here is an excerpt of possible foundations:

- Avicenna-Studienwerk
- Cusanuswerk e.V. (catholic)
- Ernst Ludwig Ehrlich Studienwerk (jewish)
- Evangelisches Studienwerk e.V. Villigst (protestant)
- Friedrich-Ebert-Stiftung (SPD-near)
- Friedrich-Naumann-Stiftung für die Freiheit (FDP-near)
- Hanns-Seidel-Stiftung (CSU-near)
- Hans-Böckler-Stiftung (DGB)
- Heinrich-Böll-Stiftung (Grüne-near)
- Konrad-Adenauer-Stiftung (CDU-near)
- Rosa Luxemburg Stiftung (Die Linke-near)
- Stiftung der Deutschen Wirtschaft
- Studienstiftung des deutschen Volkes e.V.
- Deutschlandstipendium

FURTHER COURSE OF STUDIES

RE-REGISTRATION

The **re-registration deadline** for the upcoming semester is just before the exam period and the Student Service Portal (SSP) can be used to check if payment has been received.
All deadlines are also sent as a reminder to the student email address!

SEMESTER ABROAD

General Info
Basically it is possible to do a semester abroad to gain experience abroad. This is even obligatory for IRMis.

In the AN program students have the possibility to spend one semester at a partner university in Malaysia, China, France or Norway. IRM students are required to go abroad in the 4th and 5th semester. But you can also spend a semester abroad at any time.

On the website of the OTH you can find information about the semester abroad at the International Office or at the page of the study program further down in the section Study Abroad. For more detailed information or advice, you can contact the International Office of the OTH (room D 113) or attend information events such as "Going International" at the beginning of each semester. Furthermore, you can contact the international representatives of the study programs or register in the ELO courses with the relevant information.

Tip
Early organization of the semester abroad is recommended. This includes first finding a partner university and, if necessary, accommodation. Necessary requirements such as language certificates and applications must also be fulfilled early, as there are often application deadlines. However, the International Office can also help with the organization.

FURTHER COURSE OF STUDIES

INTERNSHIP SEMESTER

General information

According to the respective study and examination regulations (SPO), a so-called practical semester is completed in the 5th semester of study. For this, certain requirements must be met, such as the successful completion of the first study section. The practical semester is usually carried out at a company or organization (possibly abroad) and extends over one semester of study.

You can find all important information in the SPO as well as on the website of the OTH on the page Study. If you have any further questions, you can also contact the faculty's internship officer or a representative of the student council.

Tip

Inform yourself in good time, i.e. about half a year before the start of the internship semester, about possible positions or companies/organizations.



REGENSBURG

GOOD TO KNOW

As the largest medieval city complex north of the Alps and one of the oldest cities in Germany, Regensburg can look back on a history of over 2000 years. Today, as the capital of the Oberpfalz, Regensburg is the fourth largest city in Bavaria with around 150,000 inhabitants and the old town is part of the UNESCO World Heritage Site.

THIS MUST BE SEEN AND DONE

- BATHING LAKES: In Lake Guggenberger in Neutraubling, in Lake Sarching in Sarching, in Lake Roithersee near Neuallkofen or in one of the many bathing bays on the Danube, you can enjoy a wonderfully refreshing swim on warm summer days.
- BISMARCKPLATZ: On summer evenings, this place is teeming with young people enjoying the relaxed atmosphere with a beer or an ice cream.
- DONAURUNDFAHRT: An unforgettable trip on the Danube, whether visiting parents or just on a nice day with friends! For example with the crystal fleet of Wurm+Noé.
- DREIFALTIGKEITSKIRCHE: From this hill behind Stadtamhof you have a fantastic view of the whole city. In winter you can go sledding here very well!
- BICYCLE TO WALHALLA: The approx. 11 km to the Temple of Honor can easily be covered by bike in three quarters of an hour. Great view guaranteed!
- GRILLING AT THE DONAUUFER: On the Jahninsel is a good atmosphere, at the Grieser Spitz usually a little quieter. Also in the west in the Donaupark you can barbecue comfortably on the Danube bank.
- REGENSBURG CITY PARK: Here you can escape the hustle and bustle of the city, take a short walk or lie down on the grass to read.

INFORMATION

- As in all of Bavaria, all supermarkets close at 20:00. On Sundays and public holidays, the supermarket in the main station is open.

REGENSBURG

EVENTS

- AGRATAMAGATHA: Super relaxed and alternative festival with beer yoga and a lake on the festival grounds. Need we say more!
- CHRISTMAS MARKETS: On almost every square in Regensburg's old town you can find a Christmas market at Christmas time, our insider tip is the one in the Spitalgarten. But beware: some Christmas markets require an entrance fee and may close early.
- CINESCULTURA: A Spanish-language film and culture festival held every spring.
- COLORFUL FESTIVAL: The ultimate chance to celebrate in a colorful way takes place every July.
- FLOHMARKT AUF DEM DULTPLATZ: Here you can buy small and big specialties every first weekend of the month from May to October.
- POETRY SLAM: Hotspots are the poetry slam once a month in the Alte Mälzerei, the jazz slam in the Leerer Beutel and especially twice a year Bavaria's biggest poetry slam "Masters of the Uni-Vers" in the Audimax of Regensburg University.
- REGENSBURGER DULT: The Regensburg folk festival takes place for just under three weeks in May and again for just under three weeks in August and September.
- SUNDAY MASS in St. Peter's Cathedral: During the school season, Mass is accompanied musically by the famous Regensburger Domspatzen.
- AROUND THE CORNER! SPRACHCAFÉ: Language enthusiasts meet in the cultural center of the Alte Mälzerei to practice foreign languages together in a relaxed atmosphere.
- ZUCKERBROT & PEITSCHE is Regensburg's open-air festival par excellence, held every year on a weekend in July at Schloss Pürkelgut.

NIGHTLIFE

No need to say much: find out for yourself and explore the old town - you won't be disappointed! With the second highest density of bars in Germany, Regensburg has a lot to offer in terms of bars, clubs and pubs.

GOOD TO KNOW

- Sometimes you don't have to walk far to go to the best party in town: Once a semester, the OTH-FEST takes place in hallways across our university. Discover the premises in a new light, watch the profs DJ and test your way through the various dance floors.
- But beware: tickets are rare and coveted!
- The FAIR FEIERN alliance is an association of restaurants, residents of the old town, the police and the city of Regensburg. The alliance is committed to reducing party noise and trash in the old town.
- Since July 2023, Regensburg has enjoyed the absence of curfew hours, albeit for only one year. However, in order to be able to continue celebrations unhindered after July 2024, it is once again important to respect the nightly peace and quiet of the local population when leaving the clubs, bars, etc. This way we can convince the city that a curfew is not necessary!
- Night buses: seven city night bus lines run on Friday and Saturday. The buses depart from the main station every hour from 0:30 to 4:30.

CLUBS

- ST. PETERSWEG: The most popular clubs in the city are located at this address.
- SCALA: Among other things, Scala hosts the only LGBTQ - friendly nightlife events in Regensburg.
- FREUNDE DER ITALIENISCHEN OPER: The bar location is perfect for dancing all night to electronic music.
- SCHIMMERLOS: Regensburg Altstadt also has the perfect location for techno fans.

REGENSBURG
NIGHTLIFE

BARS AND PUBS

- ALTE FILMBÜHNE: Relaxed atmosphere amidst a backdrop marked by symbols of film.
- ALTE MÄLZEREI: Directly on Galgenbergstraße, it is THE location with live music, cultural concerts or other events.
- APOTHEKE: The Apotheke is a cozy, alternative pub, which is very popular not only because of the moderate prices.
- BAR 13: Karaoke night is a regular event here!
- DA SILVA: With four bars on three levels, Da Silva offers a successful mix of club, bar and lounge.
- DEGGINGER: Not only a bar and restaurant, but also a great place with different cultural events.
- FLANNIGAN'S: Both the inexpensive cocktails and the live broadcast of important soccer matches attract students in particular.
- HOME: "Home is where the heart is." Look forward to various music genres, even live on Sundays and Mondays, with an international drinks menu.
- HEMINGWAYS: In the 1854 built chapel with high dome vault everyone finds the right dish - definitely try the burgers!
- HINTERHAUS: A mix of cozy beer garden and quaint pub.
- KA5PER: Discover the world of cocktails with numerous in-house creations.
- MURPHY'S LAW: Here you can enjoy great live music in a cozy Irish atmosphere, the broadcast of many sporting events invites you to a Guinnes.
- BANANE: Here you can spend a cozy pub evening and not too rarely you can hear rock music rattling out of the boxes.
- SAX: Cozy alternative pub, free chips and cheap drinks, plus lots of board games against boredom.

SPORT

There's no such thing as can't! In Regensburg you can practice countless sports and attend many sporting events. From A like American Football to Z like Zumba - the offer is huge! Here is an excerpt of the sports on offer:

SPORTS OFFERS

- Acrobatics
- gymnastics (dress dance, carnival clubs, ...)
- American football/rugby
- Baseball
- Basketball
- Ice hockey/ice skating
- Fencing
- Soccer
- Handball
- Parkours
- Cycling
- Wrestling
- Swimming
- Self-defense
- Skating
- Dancing (ballet, modern styles, standard dance, latin, ...)
- Tennis
- Volleyball (indoor & beach)

OTHER OPTIONS

- Regensburg's adult education center at Haidplatz offers a wide range of courses and training. From yoga to roller skating, there is something for everyone.
- In the Regensburg area, there are many marked and well-maintained BICYCLE WALKS of various degrees of difficulty between 10 km and 75 km long.
- In summer, the various TRIMM-DICH-PATHS as well as the BEACHVOLLEYBALL PLACES, which can be found in almost every neighborhood, are a good alternative! For those who prefer to exercise in a group, outdoor fitness groups are a good option.

TIPS FROM US FOR YOU

"Last but not least" there are a few insider tips from us for you! Whether student discount, group work or learning places - colorful and from all categories.

TIPS

- Thursdays are known to be the students' little Friday. You can usually really party there.
- The perfect place to study is sometimes hard to find. You have to try out for yourself where you can learn best, whether in the OTH library or one of the libraries at UNI, e.g. JURA library or the PHILOSOPHICUM or even at home.
- If you are thinking about taking one more voluntary course, it is worth taking a look at the selection of the VHB (Virtual University of Bavaria). You can arrange your time as it suits you, wherever you happen to be, and if it does get too stressful, just drop the course!
- The rooms for group work at the OTH are unfortunately a bit scarce and it can sometimes be quite exhausting to find a suitable room but there is the room G003 which is perfect to work in groups.
- The TOO GOOD TO GO APP is a great way to save food in Regensburg, as well as the Foodsharing Facebook group, or of course you can offer things there yourself!
- If you want to borrow something like balls or frisbees, you can contact the student council (StuV) in the Studhaus. They have a well-stocked GAME BOX from which you can borrow games.
- The OTH app offers a great overview of the food offered in the cafeteria, a calendar with all the events of the university and your own faculty, as well as the latest news from university life.

FACHSCHAFT ANK E.V.

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INTERESTED IN BECOMING ACTIVE IN THE ANK STUDENT COUNCIL OR THE IRM NETWORK?

Come to our info events or contact us by mail/insta.

Status: Winter semester 2025/26
Design: Felicitas Teichert and Markus Langmantel